

ICNA RELIEF USA

SHIFA CLINIC
CHARLESTON, SC
ANNUAL REPORT 2012



Shifa Clinic:

*845 Lowcountry Blvd.,
Mount Pleasant, SC 29464*

www.Shifa101.com Phone: 843-352-4580

ICNA Relief Head Office

87-91 144th St., Jamaica, NY 11435

www.icnarelief.org



MISSION



The core of our mission is to provide compassionate and high quality medical care to uninsured, indigent adult residents of our community regardless of race, religion, ethnicity, or national origin and to put into practice the Islamic teachings of compassion, mercy and service to humanity.





VALUES

- ♦ ***Respect:*** To hold all individuals in high regard while demonstrating kindness and consideration.
- ♦ ***Compassion:*** To demonstrate empathy, caring, and sensitivity to the needs of others.
- ♦ ***Integrity:*** To display sound moral principles, honesty, sincerity, and accountability.
- ♦ ***Accountability:*** To be responsible for ones actions and accomplish what you have agreed to do.
- ♦ ***Collaboration:*** To work cohesively in an environment that values everyone's contribution.
- ♦ ***Competence:*** To demonstrate the ability to perform in an intelligent, proficient, and skillful manner.
- ♦ ***Improvement:*** To deliver the highest level of care possible through the process of evaluation and education.
- ♦ ***Gratitude:*** To appreciate the donated time, benefits, and contributions received.
- ♦ ***Fiscal Responsibility:*** We will be responsible stewards of organizational monies, ensuring equitable and judicious expenditures for the common good. We support efficient use of resources to maximize the quality and cost-effectiveness of our programs.



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ICNA Relief USA



INTRODUCTION

Greetings of Peace.

On behalf of those we serve, who are in need of food and health care, we want to say thank you to each person who has helped in providing these services.

This report provides an overview of programs and services delivered in the past year. It also lists donors and those who have partnered in many different ways.

In addition, the report provides financial information. We are pleased to tell you that every dollar donated has been used for program support. Your gifts are a trust to us and we hold ourselves accountable for our responsibility of distribution these gifts.

**A NEW
START**
“The beginning is the most important part of the work.”
~Plato~

The Free Clinic serves as a facilitator by bringing together those who are struggling on behalf of those in our community who care and want to help.

Thank you for your support, interest, and understanding of the need.

The Shifa Clinic started its operation on January 7, 2012.

Thanks to all the volunteers who lugged boxes, moved furniture and organized the new space to be a welcome and hopeful environment for our patients.

We look forward to growing our services with new partner agencies.



SHIFA STATISTICS

AT A GLANCE

Operational Days	50
Total Patient visit	280
New Patient visit	169
Follow up visit	111
Vaccines given	117
Procedures performed	18
In house imaging procedures (ultrasound)	31
Pap Smears	101
Screening Mammograms	26
Diagnostic Mammograms	15
Screening mammograms with pending results	15
Patients diagnosed and treated for Invasive Cancer	2
Patients diagnosed and treated for Pre-Invasive Cancer	2



SHIFA STATISTICS

Unemployed:
53.8%

Employed:
46.2%

38.5% of
employed
individuals are
200% below
the federal
poverty line

7.7% of
employed
individuals are
250% below
the federal
poverty line

African
American:
40.2%

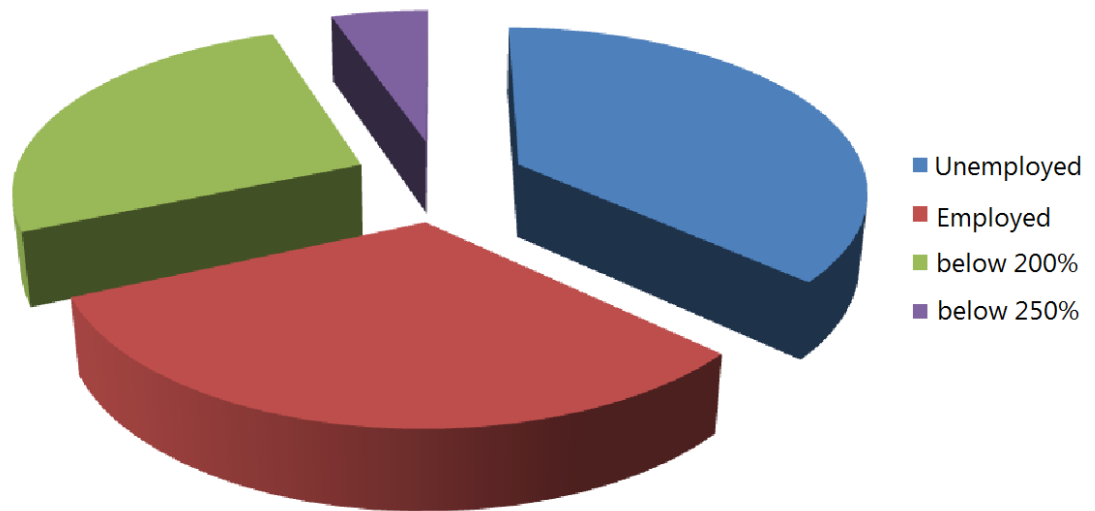
Caucasians:
24.9%

Hispanic:
37.9%

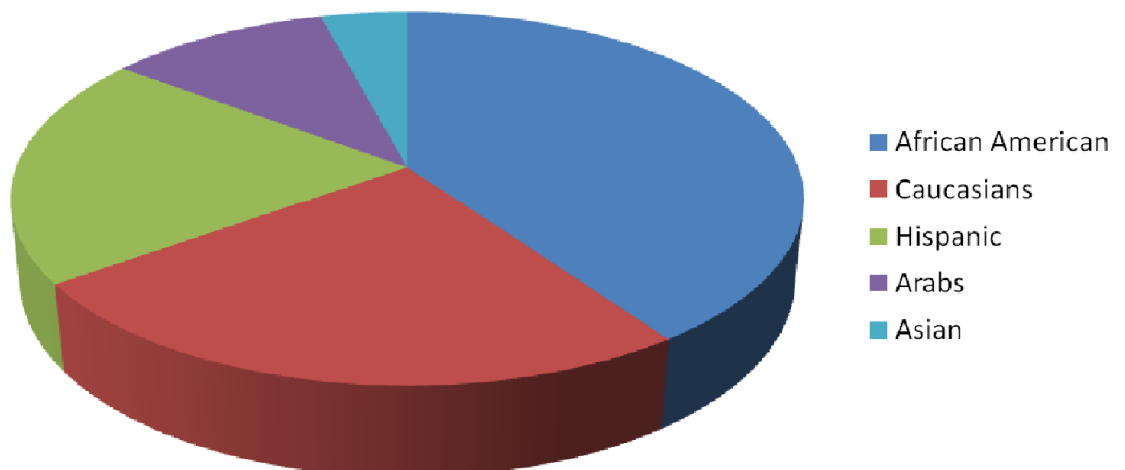
Arabs:
10.7%

Asian:
.047%

Employment Status of Patients



PATIENT DEMOGRAPHICS





HEALTH CARE SERVICES PROVIDED

The Shifa Clinic serves adults (18-64) who do not qualify for county health care, do not have private insurance, Medicare, Medicaid, and who cannot self-pay. It is strictly a GYN service and no OB services or prenatal care are available.

Available services are:

Routine Gynecological Exams; including pap smears

Breast Exams; Referral for no cost Screening Mammograms.

Referrals for diagnostic Mammograms.

Evaluation and Management of Pelvic Pain

Management of Abnormal Pap Smears

Colposcopy and Cervical Biopsies

Discuss Menstrual problems and solutions

Endometrial biopsies

Vulvar Biopsies.

Consultation and Management of Contraception

Diagnosis and Treatment of Vaginal Infections

Testing for Sexually Transmitted Infections and Treatment

Conduct Pregnancy Tests

Well Woman Exams including: Lipid Testing, Thyroid Testing

Diagnosis and Treatment of UTI

Menopause Diagnosis and Treatment

Endometriosis Evaluation and Treatment

IUD Insertion and Removal

Free of Charge Adult Vaccines

Referral for Surgeries as needed

In House pelvic Ultrasound and Imaging

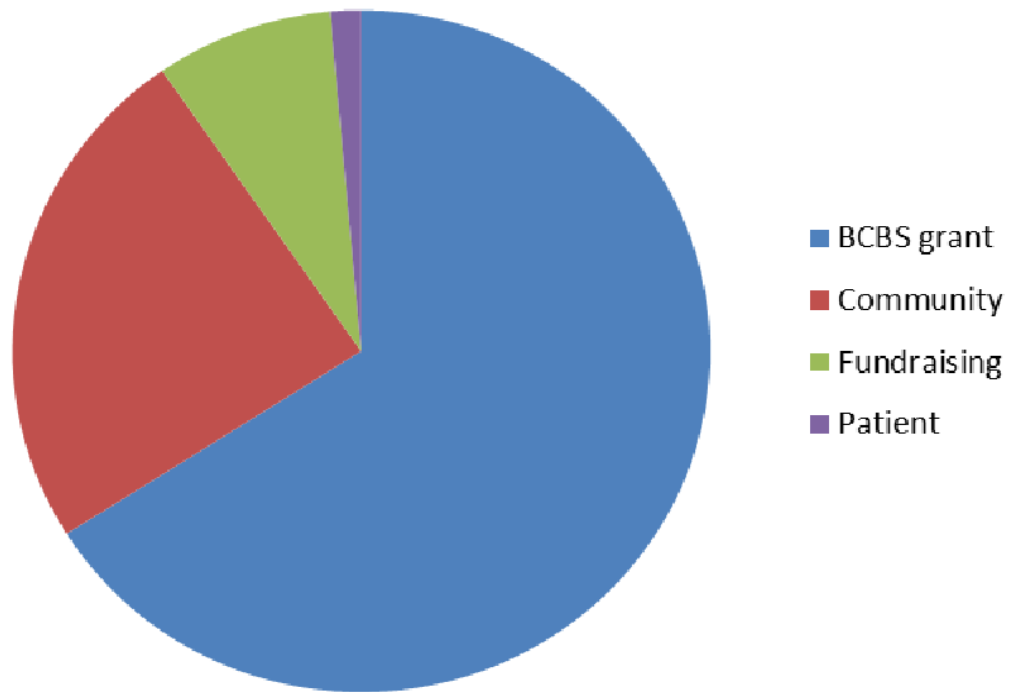
ELIGIBILITY



FINANCIAL REVIEW

We are thankful to the Blue Cross Blue Shield foundation for their generous grant and the support given to the Free clinics of South Carolina through the SC Free Clinic Association. The grant helped the clinic have a new start and helped us achieve our goals of providing care for the uninsured.

INCOME SOURCES



BCBS: \$20,833

**Community
donations:
\$7,685**

**Fundraising
Event April 7th
Ticket sale:
\$2,600**

**Patient dona-
tion from cash
box: \$447.08**

**Total:
\$31,565.08**

ICNA RELIEF April 7th Event Fundraising Banquet Dinner

ICNA Relief Headquarters from New York arranged the banquet dinner at Holiday Inn in Mt. Pleasant on April 7, 2011.

The Event, Serving Humanity, raised a total of \$5,174; including ticket sales and community donations.

We are thankful to all the community members who helped and supported the event. We also appreciate everyone's presence and best wishes.



IN KIND DONATIONS WORTH

Service	Rate	Hours	Frequency	Valued
Medical Director hours	\$325	40	12	\$156,000
Accounting	\$100	4	12	\$4,800
Physician	\$125	24	12	\$36,000
Lab Corp Services	Varies	Varies	12	\$9,343
Nurse Volunteer Hours	\$50	12	12	\$7,200
Vaccine Donated by DHEC and Merck patient Assistant program	Varies	Varies	12	\$7,116
Board Members hours	\$500	4	3	\$6,000
Administrative Volunteer hours	\$10	48	12	\$5,760
Goods donated by the community	multiple	multiple	12	\$2,515
Computer set up Internet set up Fax set up and maintenance	\$75	20	1	\$1,500
Cost of Internet, phone and fax services	\$103.75	_____	12	\$1,245
Business travel hours	\$50	20	1	\$1,000
Office cleaning	\$20	4	12	\$960

Total: \$239,439.00



PROGRAM EXPENSES

Total Expense for the Year

Medical expense

Medical Supplies including office equipment, sterilizer, instruments, vaccines (from Merck initial cost), chemicals and disinfectants	\$10,724.59
Medical Waste pick up	\$1,055
Lab Charges	\$0 (See in kind)

Total Medical Expense: \$11,779.59

Occupational Expense

Rent and utilities	\$13,950
Phone/internet/ fax	\$0 (see in kind)
Office supplies	\$3,247.44

Total Occupational Expense: \$17,197.44

Administration Expense

Pay roll (Office Manager Salary) from August 2011 to Dec 2011	\$1,009
Other including postage, travel, printing and background checks	\$213.78

Membership/Licenses and Permits

SCFA, Chambers of Commerce, AMA, WHCC	\$908.00
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Miscellaneous

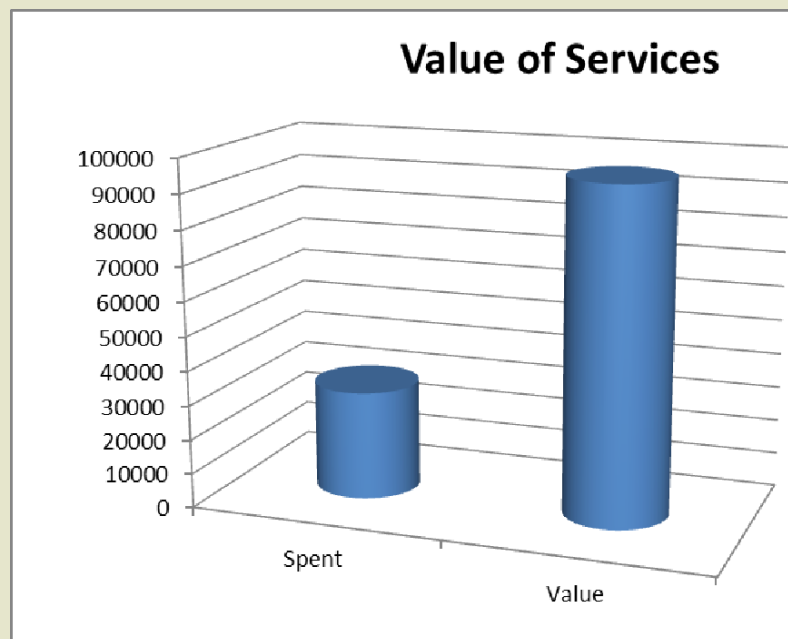
Including water, key sets, minor office supplies and initial computer set up supplies	\$58.04 + \$369.97= \$428.01
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Total: \$31,535.82



COST WORTH OF SERVICES

Service	Number of patients	Cost per patient	Total
Pap	101	\$50	\$5,050
Endometrial biopsy	12	\$300	\$3,600
Cervical Polyp Removal	2	\$400	\$800
Vulvar biopsy	1	\$350	\$350
Colposcopy with biopsy	3	\$400	\$1,200
Blood work drawing fee	70	\$5	\$350
Pelvic Ultrasound	31	\$400	\$12,400
Mammogram	41	\$120	\$4,920
New Patient	169	\$200	\$33,800
Follow up visits	111	\$75	\$8,325
Vaccine administration fee	117	\$30	\$3,510
Total cost of vaccine given	117	\$30-\$150	\$7,311
Lab Services	169	variable	\$9,342.50
School bags	203	\$25	\$5,075
Total: \$96,058.50			





OUR MOVING FORCE

*Team work
allows
common
people to
attain
uncommon
results.*

Clinic services are provided by a dedicated force of volunteers who provide services from direct patient care to administrative tasks. Their dedication and passion to serve is what keeps the clinic going smoothly. The Shifa Free Clinic's small staff relies on the talents of these generous volunteers.

Volunteer hours donated last year:

Board member hours: 60 (5 people)

Accountant hours: 48

Administrative volunteers: 576

Physician hours: 288

Medical director hours: 480

Nurse volunteer hours: 144

Office set up hours: 24

Business travel hours: 20

Office Maintenance and cleaning: 60

Total Volunteer Hours: 1700



DR AHSAN KHAN MD



MR NATHEEM BASHA

Board Members: generously volunteer their time, and assist with helping to identify and articulate the future vision for Shifa's continued growth.

Dr. Ahsan Khan, MD

Dr. Abdal Rahman, MD

Mr. Natheem Basha

Mr. Syed Khairuddin

Dr. Reshma Khan, MD



DR ABDAL RAHMAN MD



MR SYED KHAIRUDDIN



OUR MOVING FORCE

Office Manager:

Sandra Wigfall

Quality Assurance Committee:

Dr. Sabeen Rahman, MD

Dr. Abdal Rahman, MD

Dorothy Bleschmidt, RN

Nurses:

Dorothy Bleschmidt, RN

Laurie Hasan, RN

Suzie Ravennel, RN

Clinic Schedulers:

Anjum Basha

Shazli Masood

Bassant Ibrahim

Administrative Volunteers:

Aimee Ways

Anjum Basha

Bassant Ibrahim

Debra Harris

Rama Housseh

Tamika Anderson

Spanish Translator:

Lorana

Paula Young, RN

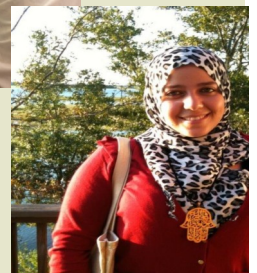
Website /Technical Support:

Dr Reshma Khan

Mohammad Arif.

Fundraising Event Coordinator and Manager:

Soraya Young



Public Relation:

Aya Khalil



COLLABORATIONS

LabCorp provides leading-edge medical laboratory tests and services through a national network of primary clinical laboratories and specialized Centers of Excellence. They provide lab services free of charge to the clinic.



“Alone we
can do so
little;
Together
we can do
so much.”

Helen
Keller



The mission of Miller-Motte is to help students acquire the essential career and personal skills and knowledge necessary to secure initial employment in their chosen field.

The Shifa Clinic has signed an agreement with MMTC for providing externship hours to the students. The students also help with donations of non-medical supplies for the need of the patients such as clothes, shoes, and bags .

The South Carolina Department of Health and Environmental Control (DHEC) is the state agency charged with protecting public health, coastal resources, and the state's land, air and water quality as authorized under multiple state and federal laws.

DHEC has provided the Shifa Clinic with vaccines free of charge to help the community. These vaccines include Tetanus, Flu, and Twinrix.

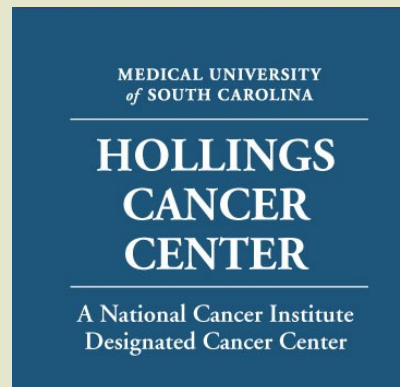




COLLABORATIONS



Through Merck we have patient assistance programs running which helps in providing other vaccines including Gardasil, Pnuemovax, MMR and Recombivax.



Clinic refers the patients to Hollings Cancer Center mobile health unit for screening mammograms and the center in turn refer unfunded patients to the clinic if they do not have a primary care providers. We work together as community partners to address the needs of the uninsured, underserved in the communities we serve. In addition, Hollings Cancer Center breast health patient navigation program provides help to the patients referred to the Center by working to remove any barriers (financial, transportation, language, social etc.) to them receiving timely screening, diagnostic and treatment services.



CLINIC MEMBERSHIP



SCFCA is an independent, nonprofit membership organization that provides training and technical assistance, research, resource development and advocacy to Free Clinics throughout South Carolina. SCFCA represents and supports our states network of 40 Free Clinics, which provides comprehensive health care to the uninsured. The SCFCA was incorporated as an independent 501(c)(3) non-profit organization in January 2008.



The Access Health Tri-County Network (AHTN) is comprised of 27 partners providing a wide range of healthcare and health-related services to uninsured residents in Berkeley, Charleston, and Dorchester counties with a coordinated approach to access to healthcare. Their network partners consist of hospitals, free clinics, healthcare centers, outreach providers, department of mental health, local health department and volunteer primary care/specialty care providers.



CLINIC MEMBERSHIP



The National Association of Free and Charitable Clinics (NAFC) is the only nonprofit 501c(3) organization whose mission is solely focused on the issues and needs of the more than 1,200 Free and Charitable Clinics and the people they serve in the United States. Founded in 2001 and headquartered in Washington, D.C., the NAFC is an effective advocate for the issues and concerns of Free and Charitable Clinics, their volunteer workforce of doctors, dentists, nurses, therapists, pharmacists, nurse practitioners, technicians and other health care professionals, and the patients served by Free and Charitable Clinics in communities throughout the nation.



SPOT LIGHT IS ON

Surviving cancer and making it through cancer treatment are major accomplishments. Two of our patients are such survivors.

ANGELIQUE WALKER



Angelique is 39-years-old and was diagnosed with breast cancer. She was immediately referred to Hollings Cancer Care Center. Now post treatment, she is very happy and satisfied with her care and is enjoying her family and the blessings of God.

TASHA GILLIARD

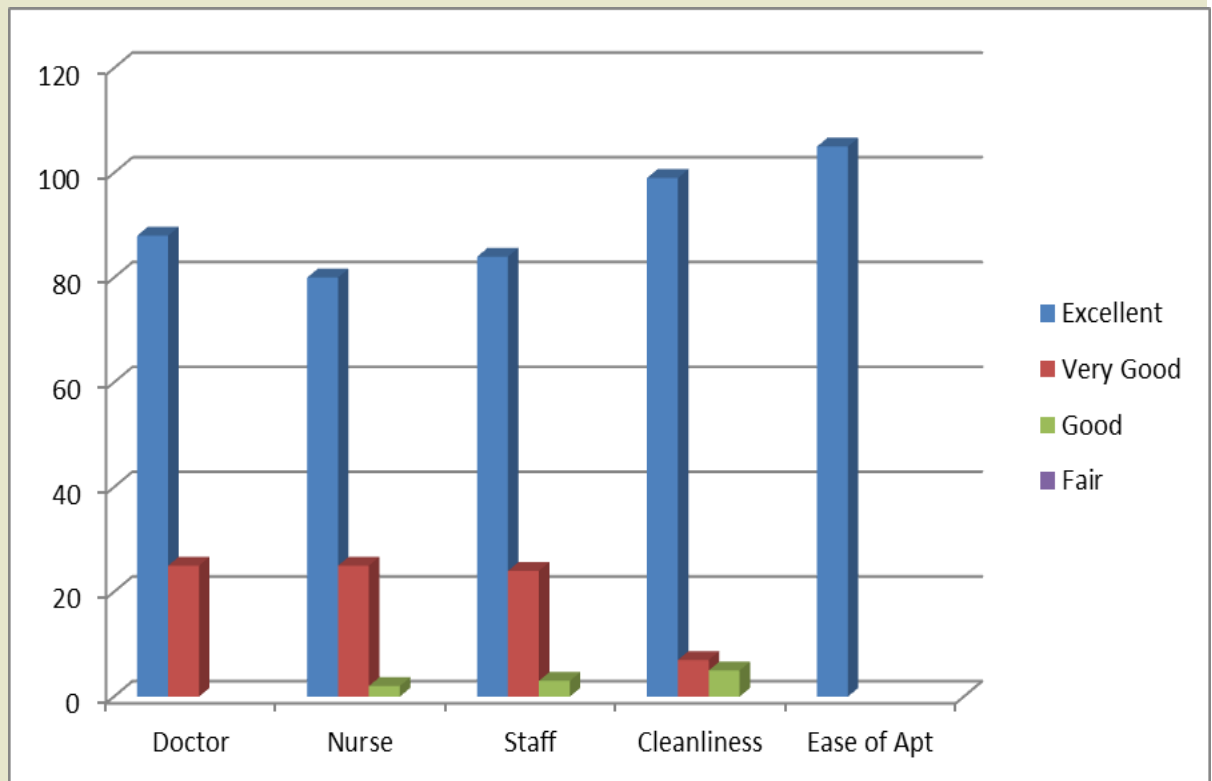


Tasha is 43-years-old and was diagnosed with breast cancer. Now after surgery and treatment, she is happy, satisfied and on her way to a healthy life.

Thanks to Hollings Cancer Care Center for the immediate help provided and helping the patient through the Medicaid process.



PATIENT SURVEY RESULTS



HOW DID THE PATIENTS KNOW ABOUT US?

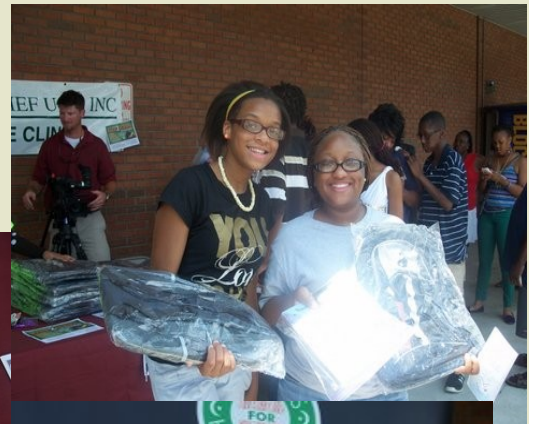


COMMUNITY OUTREACH ACTIVITIES

Back To School Program

Funds Generated: \$2,030 through donations from members of the Central Mosque of Charleston.

There were 203 free book bags filled with pencils, crayons, rulers, notebooks, erasers, sharpeners, highlighters, pens given away on Kings Street downtown Charleston on Sunday afternoon on August 12, 2012. The children also got to choose their own color of book bag: red, black or blue.





FEED THE HUNGRY



In the effort to support the National Campaign of Nourish America and Feed the Hungry we have started two programs with Crisis Ministry local reputed homeless shelter.

Funds Generated: \$1,080

Funds Spent: \$752.27

- 1) Monthly Breakfast Meal Sponsorship and Service to the entire shelter residents. This has been operational since April 2012.
- 2) Weekly hot meal delivery to the residents of Transitional Living Center





GOALS FOR 2013

*"A journey
of thousand
miles begins
with small
steps."*

*Chinese
proverb*

- 1) Increase our service by 20%
- 2) Provide free/low cost DEXA scan: screening for Osteoporosis
- 3) Provide Low Cost/Free Colonoscopy
- 4) Attain certification for the clinic for SC Free Clinic Association
- 5) Expand the Feed the Hungry program
- 6) Increase back to school program by 50%
- 7) Literacy program: Organize book drives and providing patients books free of charge for their children and thus encouraging reading.



**Fostering
Healthy
Families**

Long Term Goal:

To expand services to both Men and women by providing Primary Care services and other specialties including Dental.



YOU CAN MAKE A DIFFERENCE

ICNA Relief USA seeks to alleviate human suffering by providing caring and compassionate service to victims of adversities and survivors of disasters. ICNA Relief USA strives to build healthy communities, strengthen families and create opportunities for those in despair while maintaining dignity and advocating for basic human needs.

At Shifa Clinic, our commitment to our mission is unwavering, and we invite your support in our efforts to serve more patients. With your help we will continue to offer helping hands, health and hope. God Willing.



*Coming together is a Beginning,
Keeping together is a Progress,
Working together is a Success.*