

ICNA RELIEF USA

SHIFA CLINIC ANNUAL REPORT 2013



*Coming together is a Beginning,
Keeping together is a Progress,
Working together is a Success.*



MISSION

Our mission is to provide compassionate and high quality medical care to uninsured, indigent adult residents of our community regardless of race, religion, ethnicity, or national origin and to put into practice the Islamic teachings of compassion, mercy and service to humanity.



VALUES

- ♦ Health care will be provided in a competent, compassionate, culturally-sensitive and courteous manner that is focused on the needs of the patient; preserving their privacy and dignity.
- ♦ Services offered will adhere to the highest quality standards.
- ♦ Individuals ineligible for clinic services will be provided with links to other programs for access to health care.
- ♦ Community partners will be involved whenever possible to provide unduplicated services to patients in need.
- ♦ Volunteers are integral to every aspect of Shifa Clinic from administration to delivery of care.



NEW LOCATION



In 11/2013 we moved to a new location.

This new facility will give us more work space and supports the extended days of work and the increasing numbers of kind volunteers.



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SHIFA STATISTICS

AT A GLANCE

Items	2012	2013
Operational Days	50	53
Total Patient visit	280	475
New Patient visit	169	252
Follow up visit	111	223
Vaccines given	117	159
Procedures performed	18	94
Imaging	31	43
Pap Smears	101	185
Screening Mammograms	26	42
Diagnostic Mammograms	15	30
Screening mammograms with pending results	15	30
Patients diagnosed and treated for Invasive Can-	2	4
Patients diagnosed and treated for Pre-Invasive	2	4
Blood work	90	144



HEALTH CARE SERVICES PROVIDED

The Shifa Clinic serves adults (18-64) who do not qualify for county health care, do not have private insurance, Medicare, Medicaid, and who cannot self-pay. It is strictly a GYN service and no OB services or prenatal care are available.

Available services are:

Routine Gynecological Exams; including pap smears

Breast Exams; Referral for no cost Screening Mammograms.

Referrals for diagnostic Mammograms.

Evaluation and Management of Pelvic Pain

Management of Abnormal Pap Smears

Colposcopy and Cervical Biopsies

Discuss Menstrual problems and solutions

Endometrial biopsies

Vulvar Biopsies.

Consultation and Management of Contraception

Diagnosis and Treatment of Vaginal Infections

Testing for Sexually Transmitted Infections and Treatment

Conduct Pregnancy Tests

Well Woman Exams including: Lipid Testing, Thyroid Testing

Diagnosis and Treatment of UTI

Menopause Diagnosis and Treatment

Endometriosis Evaluation and Treatment

IUD Insertion and Removal

Free of Charge Adult Vaccines

Referral for Surgeries as needed

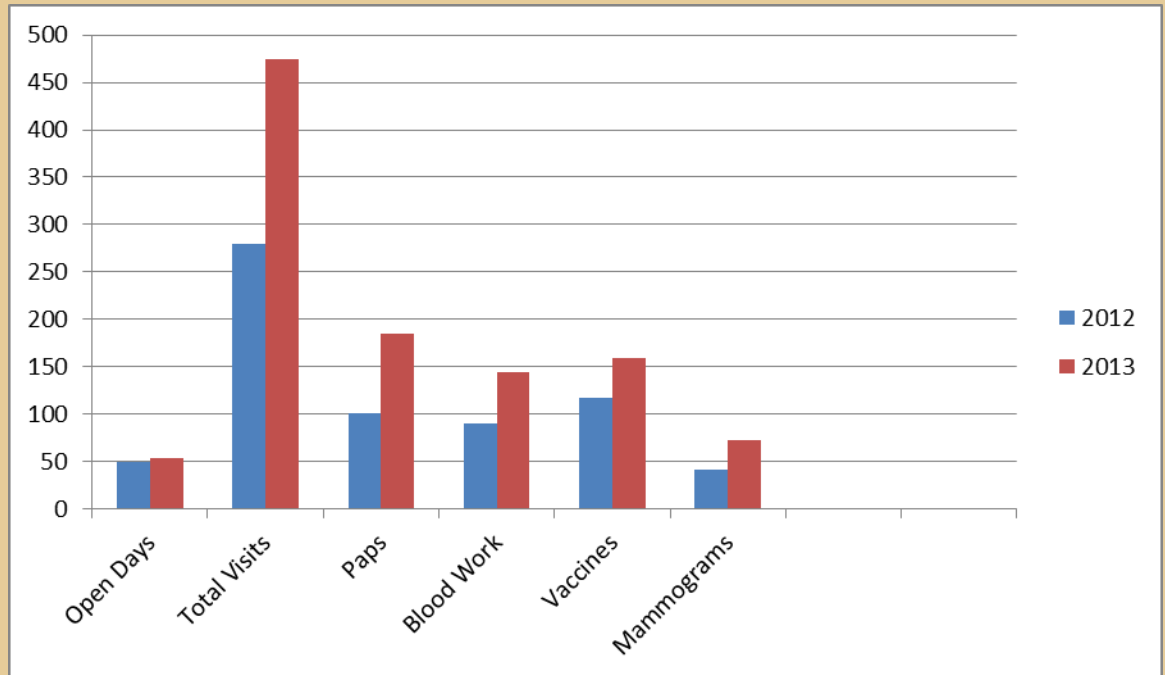
In House pelvic Ultrasound and Imaging

ELIGIBILITY

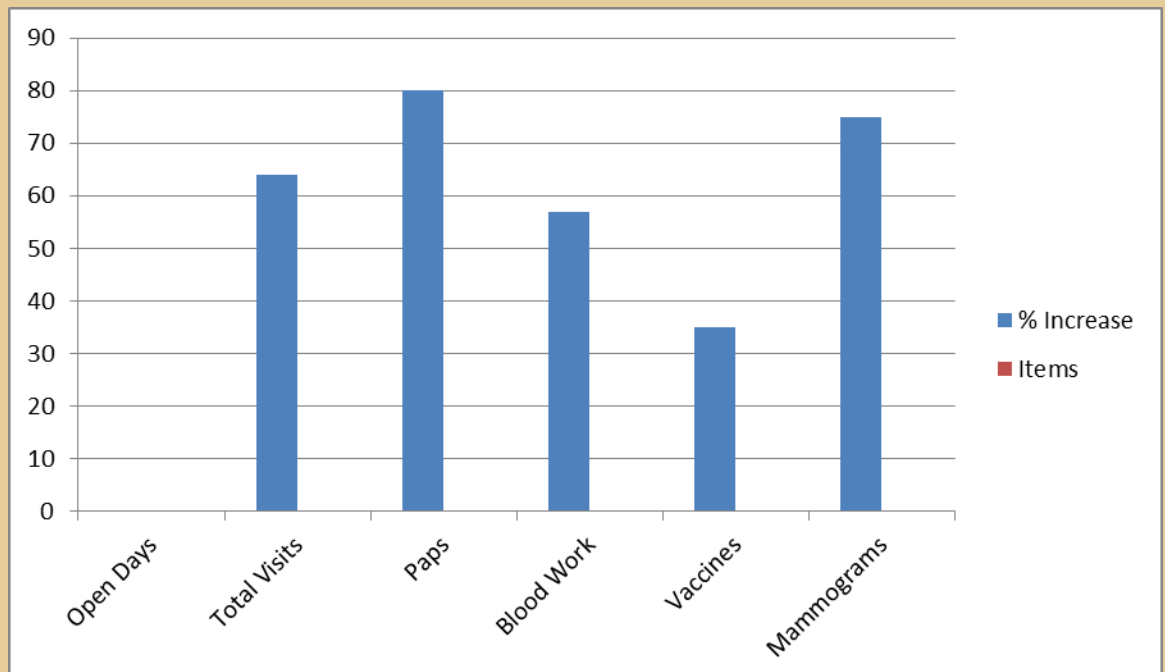


SHIFA STATISTICS AT A GLANCE

Actual
numbers



Percentage
increase





FINANCIAL REVIEW

We are thankful to Blue Cross Blue shield foundation and all the individuals who helped us raise the funds for the clinic.

**ICNA Relief
USA Grant**
27,000

**Blue Cross &
Blue Shield :**
\$7000

**Individual
Donation**
\$2761.55

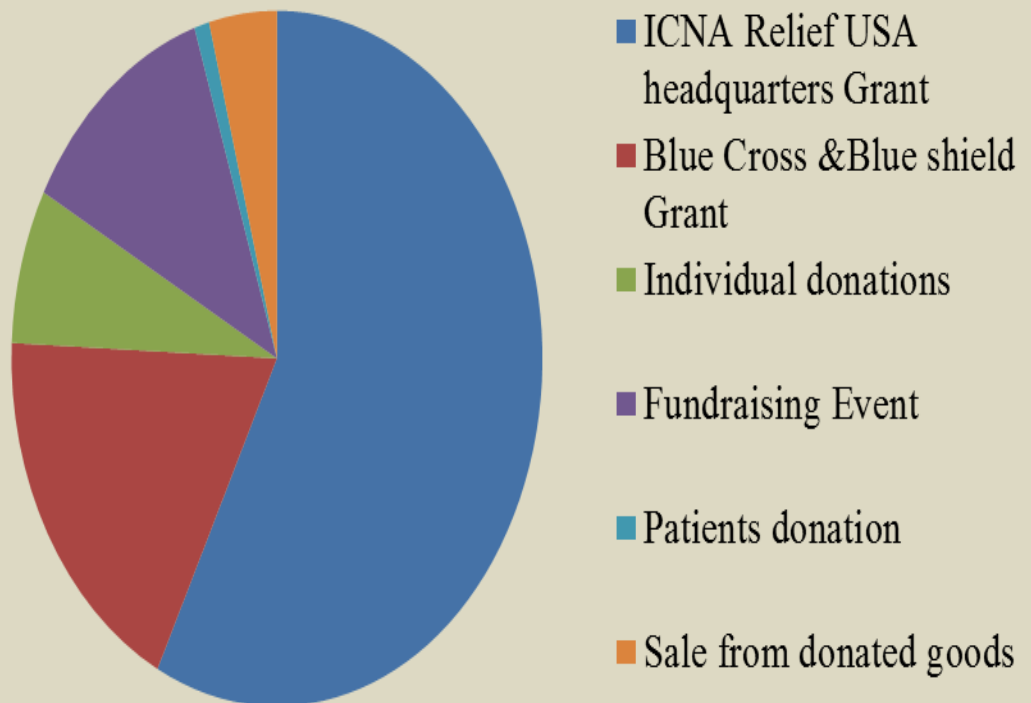
**Fundraising
Event :**
\$4613.65

**Patients
donation :**
\$349.20

**Sales from
donated goods:**
\$1577

Total: \$43,302

Income Sources





INTERFAITH FUNDRAISING BANQUET

ICNA Relief USA-Shifa Clinic organized an Interfaith Banquet Dinner on March 2nd 2013 at Radisson Inn, North Charleston, SC.

The Events goals and objectives were:

- To develop a diverse network to set an example of interfaith friendship and relationship to promote social humanity based coexistence and interfaith harmony.
- To explore diversity in local communities for acceptance and peace building.
- To explore and learn about each other and our faith traditions to remove misconceptions.
- To share our knowledge and insight with others.
- To work together to achieve common goals.
- To support each other in times of difficulty.

Following were the speakers who spoke on the theme of Unity in Diversity :



Rev Peter Penzillota



Rev Jeremy Rutledge



Rabbi Rossi Yefson



Shaila Shroff



"O mankind!
We created you
from a single
pair of a male
and a female,
and made you
into nations and
tribes, that ye
may know each
other (Not that
ye may despise
each other).
Verily the most
honoured of you
in the sight of
Allah is the
most Righteous
of you. And Al-
lah has full
knowledge and
is well acquaint-
ed with all
things."

THE HOLY
QURAN: Chap-
ter 49 Al Huju-
rat, Verse 13



INTERFAITH FUNDRAISING BANQUET



Following are some of the comments from follow-up surveys and personal emails. The names are not disclosed to maintain privacy.

- * “It was a wonderful evening and everyone left having met new and interesting people with the same ideas of peace and harmony for all humankind.”
- * “It’s wonderful having all the different religions. This was one of the most interesting and entertaining evenings I’ve had in a long time.”
- * “Overall an excellent and well organized event.”
- * “Truly speaking^{Re}, I enjoyed the whole atmosphere, the people there and I learned a lot from the speakers.
- * “I left very inspired!”
- * “I learned about different faiths and facts I was completely unaware of.”
- * “I am glad I could come to the event. Thank you for doing this.”
- * “Excellent event. A very cohesive environment.”
- * Thank you for a lovely evening, it was very nice and enjoyable. Tastefully done with the speakers. Hopefully, the community and the inter-faith can come together more often.”



IN KIND DONATIONS WORTH

Service	Rate	Hours	Frequency	Valued at.
Medical Director hours	Salary		12	\$150,000
Accounting	\$100	4	12	\$4,800
Physician	\$125	30	12	\$45,000
Nurse Volunteer Hours	\$30	12	12	\$4320
Vaccine Donated by DHEC and Merck patient Assistant program	Varies	Varies	12	\$13,685
Board Members hours (4 members)	\$100	4	4	\$6400
Administrative Volunteer hours	\$10	87	12	\$10440
Goods donated by the community	multiple	multiple	12	\$1577
Computer, internet & Fax set up	\$75	20	1	\$1,500
Office cleaning	\$20	4	12	\$960
In kind donation (radiology)	varies	varies	12	\$16,980
In kind donation (lab)	varies	varies	12	\$20,000
In kind donation (screening mammogram)	varies	varies	12	\$5040

Total : \$275,766



PROGRAM EXPENSES

Total Expense for the Year

Rent and utilities	\$13,672
Office manager	\$8,166
Medical equipment	\$4,526.50
Medical supplies	\$4,319
Medical waste pickup	\$1,609.60
Telephone & Telecommunication	\$1,215.40
Office Supplies	\$1,480.41
Membership/Licenses and Permits	\$408
Back to School	\$2,536
Feed the Hungry	\$448.93
Fundraising events	\$1,434.28
Conference ,Travel & Meeting	\$190.90
Maintenance & others cost	\$1,917.33
Total:	\$41,924.35



COST WORTH OF SERVICES

Service	Number of patients	Cost per patient	Total
Pap	185	\$50	\$9250
Endometrial biopsy	27	\$300	\$8100
Cervical Polyp Removal	1	\$400	\$400
Vulvar biopsy	7	\$350	\$2450
Colposcopy with biopsy	46	\$400	\$18,400
Blood work drawing fee	141	\$5	\$705
Pelvic Ultrasound (Tricounty)	28	\$400	\$11,200
Pelvic ultrasound (in house)	8	\$400	\$3,200
Dexa scan	3	\$150	\$450
Pelvic X-ray	3	\$410	\$1,230
Ultrasound Thyroid	1	\$400	\$400
Pelvic MRI	1	\$2400	\$2400
Mammogram	42	\$120	\$5,040
Mammogram (pending)	28	\$120	\$3,360
New Patient	247	\$200	\$49,400
Follow up visits	213	\$75	\$15,975
Vaccine administration fee	164	\$30	\$4,920
Total cost of vaccine given	164	\$12-\$90	\$14,385
School Bags	250	\$25	\$6,250
LEEP Procedure	4	\$700	\$2800
Vaginal biopsy	3	\$300	\$900
Total: \$161,215			



OUR MOVING FORCE

Clinic services are provided by a dedicated force of volunteers who provide services from direct patient care to administrative tasks. Their dedication and passion to serve is what keeps the clinic going smoothly. The Shifa Free Clinic's small staff relies on the talents of these generous volunteers.

Board Members: generously volunteer their time, and assist with helping to identify and articulate the future vision for Shifa's continued growth.



DR AHSAN KHAN



MR NATHEEM



DR ABDAL RAHMAN



DR RESHMA KHAN

*Team work
allows
common
people to
attain
uncommon
results.*

NEW PHYSICIAN PROVIDER



Dr. Betty Raney is a board certified OB/GYN who has been in practice since 1990. She graduated from Indiana University School of Medicine in June of 1990 and went into private practice in Indianapolis, Indiana. She started her own private practice there, where she worked until 2012 when she decided to make a change. Dr. Raney grew up as a missionary kid in a small village in Northern Thailand. The call of missions beckoned her to join Doctors Without Borders in 2012 where she spent six months doing high risk obstetrics in Sierra Leone, Africa. She relocated to Charleston, South Carolina to be closer to family. She joined Shifa Clinic in the fall of 2013 to provide gynecological care to the area's under served women.



OUR MOVING FORCE

Office Manager
Sarah Gambill

Quality Assurance Committee:
Dr. Sabeen Rahman MD
Dr. Abdal Rahman MD
Dorothy Bleschmidt RN

Nurses
Dorothy Bleschmidt RN
Judith Anderson RN

Anisha Hezekiah RN

Amanda RN

Audrey Ware RN

Clinic Schedulers:
Anjum Basha
Shazli Masood
Bassant Ibrahim

Administrative Volunteers:
Anjum Basha
Bassant Ibrahim
Roya Hossain
Hoda Mabrouk

Spanish Translator:
Lorana
Rosalinda

Website /Technical Support:
Dr Reshma Khan, Mohammad
Arif.

Fundraising Event Coordinator and Manager:
Soraya Young

Public Relation:
Aya Khalil





COLLABORATIONS

Alone we
can do so
little;
Together
we can do
so much.

Helen
Keller



LabCorp provides leading-edge medical laboratory tests and services through a national network of primary clinical laboratories and specialized Centers of Excellence. They provide lab services free of charge to the clinic.

The mission of Miller-Motte is to help students acquire the essential career and personal skills and knowledge necessary to secure initial employment in their chosen field.

The Shifa Clinic has signed an agreement with MMTC for providing externship hours to the students. The students also help with donations of non-medical supplies such as clothes, shoes, and bags.



The South Carolina Department of Health and Environmental Control (DHEC) is the state agency charged with protecting public health, coastal resources, and the state's land, air and water quality as authorized under multiple state and federal laws.

DHEC has provided the Shifa Clinic with vaccines free of charge to help the community. These vaccines include Tetanus, Flu , and Twinrix.

Through Merck we have patient assistance programs which help in providing other vaccines including Gardasil, Pnuemovax, MMR and Recombivax.





COLLABORATIONS

TRICOUNTY RADIOLOGY ASSOCIATES

Shifa clinic has collaborated with Tricounty Radiology in providing patients eligible for free imaging through the center.



Alone we
can do so
little;
Together
we can do
so much.

Helen
Keller

MUSC COLON CANCER RESEARCH CENTER



Shifa clinic has collaborated with MUSC colon Cancer research center in providing no cost Colonoscopy to our patients.



CLINIC MEMBERSHIP



SCFCA is an independent, nonprofit membership organization that provides training and technical assistance, research, resource development and advocacy to Free Clinics throughout South Carolina. SCFCA represents and supports our states network of 40 Free Clinics, which provides comprehensive health care to the uninsured. The SCFCA was incorporated as an independent 501(c)(3) non-profit organization in January 2008.



The Access Health Tri-County Network (AHTN) is comprised of 27 partners providing a wide range of healthcare and health-related services to uninsured residents in Berkeley, Charleston, and Dorchester counties with a coordinated approach to access to healthcare. Their network partners consist of hospitals, free clinics, healthcare centers, outreach providers, department of mental health, local health department and volunteer primary care/specialty care providers.



CLINIC MEMBERSHIP



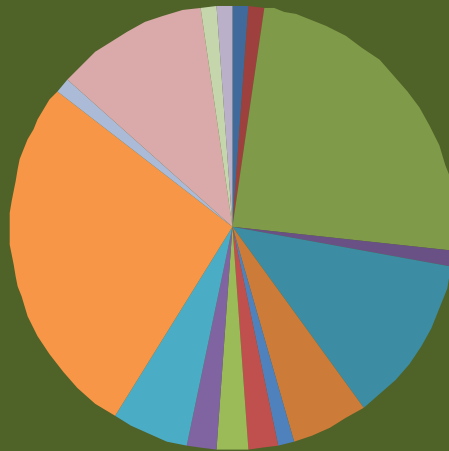
The National Association of Free and Charitable Clinics (NAFC) is the only nonprofit 501c(3) organization whose mission is solely focused on the issues and needs of the more than 1,200 Free and Charitable Clinics and the people they serve in the United States.

Founded in 2001 and headquartered in Washington, D.C., the NAFC is an effective advocate for the issues and concerns of Free and Charitable Clinics, their volunteer workforce of doctors, dentists, nurses, therapists, pharmacists, nurse practitioners, technicians and other health care professionals, and the patients served by Free and Charitable Clinics in communities throughout the nation.



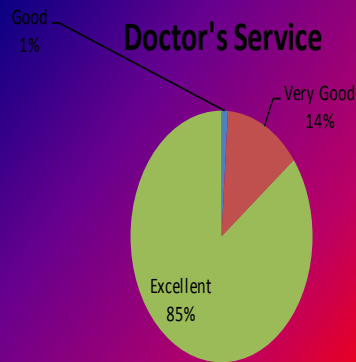
PATIENT SURVEY RESULTS

Primary Residence

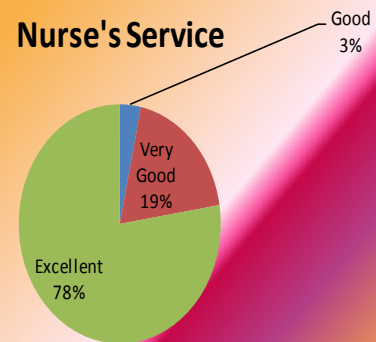


- Awendaw
- Berkeley County
- Charleston
- Folly Beach
- Goose Creek
- Hanahan
- Hollywood, SC
- Huger
- Ladson
- Moncks Corner
- Mount Pleasant
- North Charleston
- Ravenel
- Summerville
- Wadmalala Island
- West Ashley

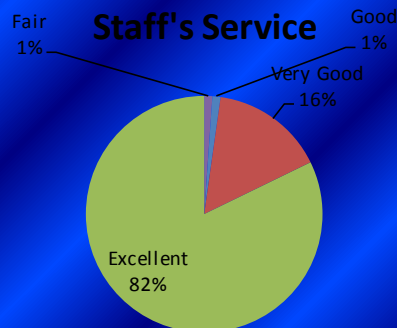
Doctor's Service



Nurse's Service



Staff's Service



COMMUNITY OUTREACH ACTIVITIES

Back To School Program

Funds Generated: \$2426

Funds were generated through generous donations of gift cards for a silent auction from local businesses, a garage sale from donated items from the community as well as individual donations. 250 bags were filled with free book bags filled with pencils, crayons, rulers, notebooks, erasers, sharpeners, highlighters, pens given away on King Street downtown Charleston on Saturday August 10th, 2013.





FEED THE HUNGRY



In the effort to support the National Campaign of Nourish America and Feed the Hungry, we have started two programs with Crisis Ministry, a local reputed homeless shelter.

Funds generated through individual donations: 1192.75

Expense: 448.93

- 1) Monthly distribution of food at local street (mostly donated)
- 2) Weekly hot meal delivery to the residents of Transitional Living Center





GOALS/OUTCOME FOR 2013

"Our Lord!
Bestow on
us mercy
from Your-
self, and fa-
cilitate for
us our affair
in the right
way!
Quran 8:10

GOAL FOR 2013	OUTCOME AT THE END OF THE YEAR		GOAL FOR 2013	OUTCOME AT THE END OF THE YEAR
1) Increase our patient volume by 20%	Our total patient Visits increased by 60%		4) Provide Low cost /Free colonoscopy	In collaboration with MUSC Research we have started to schedule patients for Free colonoscopy. Until 5 colonoscopy have been completed
2) Attain Certification for the clinic for SCFA	Completed		5) Provide Free / low cost Dexa Scan Screening for Osteoporosis	Collaborated with Tri-county Radiology and so far 3 patients have received free DEXA scan .
3) Expand the Feed the Hungry program	Site for free food distribution has been established and we work with other churches .		6) Increase Back to School Program by 50%	This year we were able to increase our program by 25%. We provided 250 free school bags with supplies to needy children.

Long Term Goal:

To expand services to both men and women by providing Primary Care services and other specialties including dental.



YOU CAN MAKE A DIFFERENCE

Our commitment to our mission is unwavering. We invite your support in our efforts to serve more patients. With your help we will continue to offer helping hands, health and hope. God Willing.

All Praise and Thanks is to the Lord of Universe.



Individually we are one drop, but together we are an ocean.

